

AOUT

Minimes 1 prive Minimes 2+public Benjamins prive Benjamins public Poussins 2 Poussins 1

| | | | | | | | |
|----|----|-------------|-------------|-------------|-------------|----------|----------|
| Lu | 1 | | | | | | |
| Ma | 2 | | | | | | |
| Me | 3 | | | | | | |
| Je | 4 | | | | | | |
| Ve | 5 | | | | | | |
| Sa | 6 | | | | | | |
| Di | 7 | | | | | | |
| Lu | 8 | | | | | PHYSIQUE | PHYSIQUE |
| Ma | 9 | | | | | PHYSIQUE | PHYSIQUE |
| Me | 10 | | | | | PHYSIQUE | PHYSIQUE |
| Je | 11 | | | | | PHYSIQUE | PHYSIQUE |
| Ve | 12 | | | | | PHYSIQUE | PHYSIQUE |
| Sa | 13 | | | | | | |
| Di | 14 | PHYSIQUE | PHYSIQUE | PHYSIQUE | PHYSIQUE | | |
| Lu | 15 | GYM | PHYSIQUE | GYM | PHYSIQUE | PHYSIQUE | PHYSIQUE |
| Ma | 16 | GYM | PHYSIQUE | GYM | PHYSIQUE | PHYSIQUE | PHYSIQUE |
| Me | 17 | GYM | GYM | GYM | GYM | PHYSIQUE | PHYSIQUE |
| Je | 18 | Depart SKI | GYM | Depart SKI | GYM | PHYSIQUE | PHYSIQUE |
| Ve | 19 | Les 2 Alpes | GYM | Les 2 Alpes | GYM | PHYSIQUE | PHYSIQUE |
| Sa | 20 | 6jrs | | 6jrs | | | |
| Di | 21 | 2 | Depart SKI | 6 | Depart SKI | | |
| Lu | 22 | | Les 2 Alpes | | Les 2 Alpes | PHYSIQUE | PHYSIQUE |
| Ma | 23 | | 6jrs | | 6jrs | PHYSIQUE | PHYSIQUE |
| Me | 24 | | 6 | | 2 | | |
| Je | 25 | | | | | | |
| Ve | 26 | | | | | | |
| Sa | 27 | | | | | PHYSIQUE | PHYSIQUE |
| Di | 28 | | | | | PHYSIQUE | PHYSIQUE |
| Lu | 29 | | | | | | |
| Ma | 30 | | | | | | |
| Me | 31 | | | | | | |